

Five Stages of Integration and Considerations for Working with Spiritual Experiencers

ELIZABETH SABET, PCC, ACSLC

Many Names

SPIRITUAL EMERGENCE AND EMERGENCY EXPERIENCES INCLUDE OR MAY BE CALLED:

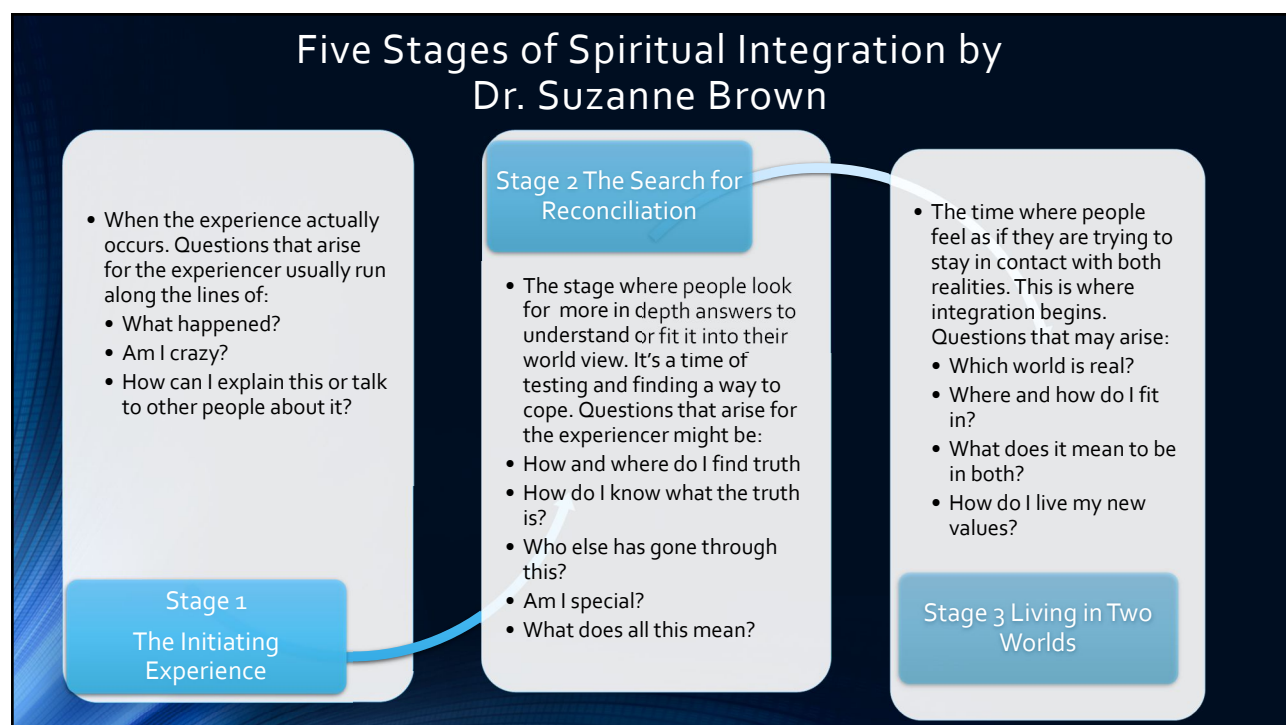
- ALTERED STATES
- NUMINOUS
- NOETIC
- TRANSCENDENT
- TRANSPERSONAL
- MYSTICAL
- ANOMALOUS
- RELIGIOUS
- PARANORMAL
- PARAPSYCHOLOGICAL
- ECSTATIC EXPERIENCES
- SPIRITUALLY TRANSFORMATIVE EXPERIENCES (STE'S)

(JAMES, 1902; LYNN, KRIPPNER, & CARDEÑA, 2000; MYERS, 1903; SMITH, 2009; TART, 1990).

Ethical Considerations

- Seek other coaching professionals who have greater experience working with experiencers in session.
- Support the worth, dignity, potential, and uniqueness of potential, and uniqueness of people within their social and cultural contexts.
- Honor diversity and embracing a multicultural approach.
- Foster clients' right to control the direction of their life.
- Foster fairness, equality, justice for all clients.
- Decide which types of experiencers you do not want to work (most commonly possession cases) with and deal truthfully with clients about your training
- <https://aciste.org/competency-guidelines-for-professionals/>

Five Stages of Spiritual Integration by Dr. Suzanne Brown



Five Stages of Spiritual Integration by Dr. Suzanne Brown

- An understanding of the interconnectedness between the whole. Movement and activation begin at this stage
- Questions that arise at this stage:
- Where do I go from here?
 - How do I share this with others

Stage 4 Being in The Experiential Pathway

Stage 5 A New Way of Being in the World

- Coming back into the world with a gift. Reentering the ordinary. The last stage of the hero's journey.
- Questions that may happen at this stage are:
- How best can I serve
 - How can I best align and service God/Light/Universe