Very zero, also indicate how profoundly this type of experience has impacted your life. See attached definitions when needed For each of the Items below, indicate the frequency that you have experienced the EE. If the frequency is greater than Impact of EE on my life: w w ST. Adapted by permission of Rhea White - http://www.ehe.org/display/splash.cfm 147 Abbreviated List of Exceptional Experiences (EES) 1 none good never < once a year yearly monthly weekly Frequency of EE, on average: only once or Zero/ Appartion (unknown person/entity) Angel/guardian angel encounter maginary playmate encounter Human/animal communication Life between lives experience fuman/plant communication ncubus/succubus encounter Death related psychokinesis After-death communication evitation of person or self Exceptional Experience Gala or Earth experience Apparttion (of the dead) Apparition (of the living) Deathbed experience rolk entity encounter evitation of object Ancestor encounter Demonic encounter Elusivity/Invisibility felper encounter Divine encounter Haunt encounter Clamsentience Clairaudience ET encounter Clairvoyance Automatism Conversion Blocation Glossolalia undalim Intuition Déjà vu

- The second sec	Frequency of EE, on average:	Impact of EE on my life	on my life:
	zero/ only once or	<u>@</u>	very
Exceptional Experience	never < once a year yearly monthly weekly daily	2 3	5 6 7
Life review Naterialization			
Mediumship/channeling Out-of-body experience			
Paranormal diagnosis			
Paranormal touch			
Phantom phone call			
Potergeist encounter Premynition			
Prenatal experience			
Psychokinesis Psychometry			
Retrocognition Revelation			
Scrying Sense of immortality			
Sense of omniscience Sense of presence			
Species consciousness Stigmata			
Synchronicity Telepathy			
Transcendental music Transcendental odors			
UFO abduction encounter UFO encounter			
Unitive experience. Unorthodox healing (as healer)			
Unorthodox healing (as recipient) Xenoglossy			
Other (explain):			
Other (explain);			

Definitions of selected Exceptional Experiences:

After-death communication - Direct, spontaneous contact by a deceased relative or friend Ancestor encounter - Sense of direct contact or connection with an ancestor Angel/guardian angel encounter - Perceived presence of one or more angels Apparition (of the dead) - Perceiving a deceased person without direct communication Apparition (of the living) - Perceiving a living person not physically present Apparition (unknown person/entity) - Perceiving the presence of an unknown, non-physical entity Automatism - Automatic behavior from supernatural source, such as automatic writing Bilocation - Perceiving oneself to be in two locations at once Clairaudience - Hearing sounds that are outside of physical hearing range, usually "in mind's ear" Clairsentience - Knowing information that is beyond normal means to know Clairvoyance - Seeing events that are beyond normal visual range, usually "in mind's eye" Conversion - Spiritual transformation experience Deathbed experience (witness) - Witnessing a dying person experiencing visitations or visions Death-related psychokinesis - Physical change in environment at the moment of a death Déjà vu - An overwhelming sense of familiarity with an experience that is known to be new Demonic encounter - Encounter with a being or force that feels evil Divine encounter - Encounter with a being or force that appears godly Elusivity/Invisibility - The sense of being imperceptible to others ET encounter - Encounter with an extra-terrestrial entity Folk entity encounter - Encounter with entities such as fairies, elves, leprechauns, etc. Gaia or Earth experience - Identification with the whole of earth and her systems Glossolalia - speaking in tongues-In sounds that usually are not understandable to others Haunt encounter - Experiencing the presence of a ghost in a place that the ghost seems to inhabit Helper encounter - Being in dire need and experiencing help from a mysterious source Human/animal communication - Directly understanding an animal's thoughts, feelings, needs, etc. Human/plant communication - Directly understanding a plant's thoughts, feelings, needs, etc. Imaginary playmate encounter - Having a playmate that other people cannot detect Incubus/succubus encounter - Sexual seduction by a demonic entity, usually during sleep Intuition - Immediate knowledge of something without the use of reason Kundalini - Acute sensations of heat, vibration, and/or light traveling up the spine Levitation of object - The appearance of an object rising without any known physical cause Levitation of person or self - Oneself or someone else rising without any known physical cause Life between lives experience – Experience of existence between lifetimes Life review - Panoramic memory of one's life with sense of reliving and identification with others Materialization - Appearance of material objects, seemingly from "out of nowhere" Mediumship/channeling - Conveying messages from the deceased to the living Out-of-body experience - Sense of oneself existing separate from one's physical body Paranormal diagnosis - Diagnosing illness without use of normal information Paranormal strength - Infusion of strength well beyond what would seem normal Paranormal touch – Feeling touched by a non-physical entity Past-life recall - The sense of remembering events from a previous lifetime Phantom phone call - Telephone call from a deceased person Possession encounter - Feeling taken over by some non-physical entity

Potergeist encounter - A non-physical entity that mischievously moves things, makes noises, etc.

Precognition - Foreknowledge, without normal information or reason, that something will happen Prenatal experience - Experience of existence during development prior to birth Profound sense of peace - Infusion of calm and well-being, seemingly from supernatural source Psychokinesis – Causing action in the physical world through mental influence alone Psychometry - Gaining knowledge about a stranger by holding something of theirs Retrocognition – Knowledge of past events without benefit of normal information or reason Revelation – Infusion of new understanding from a seemingly supernatural source Scrying - Gazing into a mirror or crystal ball to gain paranormal knowledge or insight Sense of immortality - Experience of the conviction that one's spirit will not die Sense of omniscience – Experience of access to any/all information in the universe Sense of presence - Feeling or knowing the presence of some non-physical entity Species consciousness - Identification with an entire species of plant or animal Stigmata - Physical, seemingly supernaturally caused, symptoms of Christ's crucifixion suffering Synchronicity - Meaningful coincidences seeming to indicate synchrony between mind and world Telepathy – Knowing, without normal information or reasoning, another person's experience Transcendental music – Hearing ethereal music that does not have a natural source Transcendental odors – Smelling ethereal odors that do not have a natural source UFO abduction encounter - Experience of being taken by extraterrestrials UFO encounter - Seeing an extraterrestrial vehicle Unitive experience – Identification with that which is greater than onself, such as with the cosmos Unorthodox healing (as healer) - Affecting healing in another person through non-normal means Unorthodox healing (as recipient) – Experiencing healing through non-normal means Xenoglossy – Speaking in a foreign language not previously studied or otherwise known