

TRANSFORMATIONAL TRANSPERSONAL COACHING EDUCATION

"CREATING MASTER COACHES"



Meet Elizabeth

Elizabeth Sabet, PCC, ACSLC, CBC is an International Spiritual Integration Specialist, empowerment coach, wholeness facilitator, and the creator and owner of ITTC - The Institute for Transformational Transpersonal Coaching.

Coaching is a sacred calling for Elizabeth. She began her coaching journey in 1996 and has been following the call ever since.

If you are thinking about creating a coaching career please consider ITTC, we will nurture, support, and educate you to become a highly effective and successful coach. You will receive support and education to help you build your coaching business by teaching you client attraction practices and solid marketing skills.



Life Coaching Is...



Transformational and transpersonal coaching blends traditional coaching methods with ancient self-inquiry practices. This unique process not only supports clients in removing blocks and opens the doors to forward movement and goal attainment, it supports the development of their higher nature to become the change they want to see and leads to a fuller expression of their Spirit. **"It is helping them to learn rather than teaching them"** (Whitmore, 2009).

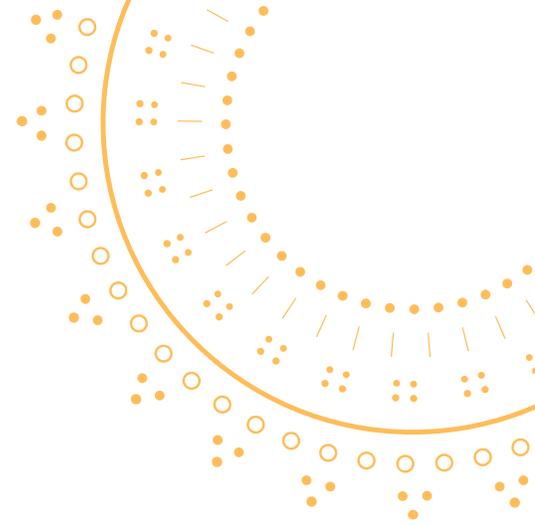
Excellent coaches develop their intuition and employ it to connect to their clients and to become deeply present with their clients. With time and practice they develop the ability to notice what is happening in their client's physical, emotional, mental, and spiritual processes. They then reflect that awareness back to the client to develop clarity around any beliefs or past decisions that are keeping them from becoming all they were created to be.

There are many methods and principles a coach employs to help clients live a full life but **the most important method a coach uses is their own compassionate presence**. While coaches are experts of the coaching process and techniques that reveal their client's genius, gifts, talents, and skills, they see their clients as the experts of their own life.

The ITTC Coaching Method starts at the top of Maslow's Hierarchy of Needs and examines the desires and voice of a person's essence and then supports clients to ingrate and ground the expression of that voice into their lived experience. Whether a client has had a non-linear, non-ordinary state of consciousness experience, a near-death or other awakening experience, or a deep calling to something different than their current life, **this integrative coaching method empowers clients in creating authentic lives in accordance to the call of that higher voice**.

"COACHING EDUCATION AT ITTC PROVIDES YOU WITH THE SAME TRANSFORMATIONAL GROWTH YOU WILL BE PROVIDING YOUR CLIENTS."

What Coaching Is Not...



Coaching is an education that draws out the wisdom and divine presence of both the coach and the client. **It is not an opportunity for a coach to become someone's guru.** While highly effective coaches have expert knowledge and skills, and have incorporated that knowledge into their coaching model, they do not use their expertise to tell clients what to think and do.

Coaching is not counseling. Counselors are mental health experts and focus on medical or clinical diagnosis of pathology, relationship conflicts, grief, and trauma recovery to name a few conditions. Counselors treat their client's mental health issues with clinical practices.

Coaching focuses on obtainable goals and possibilities and works with generally functional people desiring a better situation in life. **Coaches can cause mental and emotional harm to clients by attempting to work with conditions they are not trained to work with. This is the most important reason for coaches to receive formal coaching education.**

There are many times when coaching and counseling can work hand in hand as part of an effective team approach to their client's wellness and life satisfaction. An expert coach knows when and how to skillfully refer clients and when coaching can become an important part of a client's recovery process.

Coaching is not consulting, advising, or mentoring. Each of these roles play an important part in adult development. However, a coach's first responsibility is to first draw out a client's inner knowing and intelligence before they ever lead a client to external information for their exploration and consideration.



Now That You Know...

Do you love supporting holistic wellness, creativity, embodiment, and sustainable solutions?

Does it light you up to experience deep connection?

Do you want to develop your intuition while learning how to support people in discovering new possibilities for their lives and the planet?

Is the integration of your Spirit important in all that you bring to the world?

If this sounds like you and you are considering becoming a life or spiritual coach, call me at 806-337-0444 for a personal visit to discover if we are a fit!

I would love to support your coaching career goals!

Blessings and Light,

Elizabeth Sabet